

## *How to Find a Reliable Christian Counselor*

- Ask your pastor or another leader in your church to recommend someone they have found to be biblically sound
- Ask discerning friends for a reference
- Ask the potential counselor the following questions
  - o What is their education, theology and counseling methodology?
  - o What are their views on the sufficiency of Scripture?
  - o What do they believe is the nature and role of sin in a marriage?
  - o How do people change?
  - o Would you ever recommend divorce? Under what circumstances?

If their views on these questions fail to align with biblical teaching you should continue to look for a counselor who is more biblically sound.

